



WESTWOOD LAKE

dragon boat
regatta

Sunday July 19th, 2026
500m

Westwood Sunday 500m

Race 1	09:00	Women Standard Heat 1	
Lane	Team	Place	Time
1	Breast Friends Warriors		
2	False Creek BC Paddlers		
3	INSINK		
4	Ottermaddness		
Notes	1st->Race13 2nd->Race17 3rd->Race16 4th->Race14		

Race 2	09:10	Women Standard Heat 2	
Lane	Team	Place	Time
1	Paddling For Life		
2	Vic Vixens		
3	VIP PANDA		
4	Easy Riders		
Notes	1st->Race14 2nd->Race13 3rd->Race17 4th->Race16		

Race 3	09:20	Mixed Small Heat 1	
Lane	Team	Place	Time
1	Welly Wave Riders		
2	Gorging Dragons Gold		
3	Gorging Dragons Black (Mixed)		
Notes	1st->Race15 2nd->Race18 3rd->Race15		

Race 4	09:30	Women Standard Heat 3	
Lane	Team	Place	Time
1	Angels Abreast		
2	Let Her Run		
3	Sync or Swim (SOS)		
4	Sproat Ness Dragons		
Notes	1st->Race16 2nd->Race14 3rd->Race13 4th->Race17		

Race 5	09:40	Women Standard Heat 4	
Lane	Team	Place	Time
1	Island Breaststrokes		
2	Abreast In a Boat - Fortitude		
3	FLCC Sun Dragons		
4	WILD		
Notes	1st->Race17 2nd->Race16 3rd->Race14 4th->Race13		

Race 6	09:50	Mixed Small Heat 2	
Lane	Team	Place	Time
1	Gorging Dragons Obsidian		
2	Navy Dragon Anchors		
3	Paddlers of the Fifth Moon		
Notes	1st->Race18 2nd->Race15 3rd->Race18		

Race 7	10:00	Mixed Standard Heat 1	
Lane	Team	Place	Time
1	Spirit Point Dragons		
2	Nanaimo Dragonslayers		
3	VCKC Dragonflyers		
Notes	1st->Race19 2nd->Race23 3rd->Race21		

Race 8	10:10	Women Small Heat 1	
Lane	Team	Place	Time
1	FLCC River Vixens		
2	Gorging Dragons Black		
3	Hydrafury		
Notes	1st->Race20 2nd->Race24 3rd->Race22		

Race 9	10:20	Mixed Standard Heat 2	
Lane	Team	Place	Time
1	FLCC Fort Fusion		
2	The Kraken		
3	GD Alumni +		
Notes	1st->Race21 2nd->Race19		

Race 10	10:30	Women Small Heat 2	
Lane	Team	Place	Time
1	Sea Sisters		
2	Gorging Dragons Red		
3	FLCC Titanium Masters		
Notes	1st->Race22 2nd->Race20 3rd->Race24		

Race 11	10:40	Mixed Standard Heat 3	
Lane	Team	Place	Time
1			
2	Paddlers of the Fifth Moon		
3	Prehistoric Llamas		
Notes	1st->Race23 2nd->Race21 3rd->Race19		

Race 12	10:50	Women Small Heat 3	
Lane	Team	Place	Time
1	Breast Friends Aurora		
2	FLCC Race Crew International		
3	Gorging Dragons Cobalt		
Notes	1st->Race24 2nd->Race22 3rd->Race20		

Race 13	11:00	Women Standard Heat 5	
Lane	Team	Place	Time
1	4th Place Race 5		
2	2nd Place Race 2		
3	1st Place Race 1		
4	3rd Place Race 4		
Notes	All crews advance to finals by combined times		

Race 14	11:10	Women Standard Heat 6	
Lane	Team	Place	Time
1	4th Place Race 1		
2	2nd Place Race 4		
3	1st Place Race 2		
4	3rd Place Race 5		
Notes	All crews advance to finals by combined times		

Race 15	11:20	Mixed Small Heat 3	
Lane	Team	Place	Time
1	3rd Place Race 3		
2	1st Place Race 3		
3	2nd Place Race 6		
Notes	All crews advance to finals by combined times		

Race 16	11:30	Women Standard Heat 7	
Lane	Team	Place	Time
1	4th Place Race 2		
2	2nd Place Race 5		
3	1st Place Race 4		
4	3rd Place Race 1		
Notes	All crews advance to finals by combined times		

Race 17	11:40	Women Standard Heat 8	
Lane	Team	Place	Time
1	4th Place Race 4		
2	2nd Place Race 1		
3	1st Place Race 5		
4	3rd Place Race 2		
Notes	All crews advance to finals by combined times		

Race 18	11:50	Mixed Small Heat 4	
Lane	Team	Place	Time
1	3rd Place Race 6		
2	1st Place Race 6		
3	2nd Place Race 3		
Notes	All crews advance to finals by combined times		

Race 19	12:00	Mixed Standard Heat 4	
Lane	Team	Place	Time
1	3rd Place Race 11		
2	1st Place Race 7		
3	2nd Place Race 9		
Notes	All crews advance to finals by combined times		

Race 20	12:10	Women Small Heat 4	
Lane	Team	Place	Time
1	3rd Place Race 12		
2	1st Place Race 8		
3	2nd Place Race 10		
Notes	All crews advance to finals by combined times		

Race 21	12:20	Mixed Standard Heat 5	
Lane	Team	Place	Time
1	3rd Place Race 7		
2	1st Place Race 9		
3	2nd Place Race 11		
Notes	All crews advance to finals by combined times		

Race 22	12:30	Women Small Heat 5	
Lane	Team	Place	Time
1	3rd Place Race 8		
2	1st Place Race 10		
3	2nd Place Race 12		
Notes	All crews advance to finals by combined times		

Race 23	12:40	Mixed Standard Heat 6	
Lane	Team	Place	Time
1			
2	1st Place Race 11		
3	2nd Place Race 7		
Notes	All crews advance to finals by combined times		

Race 24	12:50	Women Small Heat 6	
Lane	Team	Place	Time
1	3rd Place Race 10		
2	1st Place Race 12		
3	2nd Place Race 8		
Notes	All crews advance to finals by combined times		

Race 25	13:00	Open Exhibition Small Boat Race	
Lane	Team	Place	Time
1	TBD		
2	TBD		
3	TBD		
Notes	Exhibition Only		

LUNCH	13:10-14:10	Lunch / Announcements / Recognition
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Race 26	14:10	Women Standard Final D	
Lane	Team	Place	Time
1	16th Fastest Combined Time		
2	14th Fastest Combined Time		
3	13th Fastest Combined Time		
4	15th Fastest Combined Time		
Awards based on results in this race			

Race 27	14:20	Mixed Small Silver Final	
Lane	Team	Place	Time
1	6th Fastest Combined Time		
2	4th Fastest Combined Time		
3	5th Fastest Combined Time		
Awards based on results in this race			

Race 28	14:30	Women Standard Bronze Final	
Lane	Team	Place	Time
1	12th Fastest Combined Time		
2	10th Fastest Combined Time		
3	9th Fastest Combined Time		
4	11th Fastest Combined Time		
Awards based on results in this race			

Race 29	14:40	Mixed Small Grand Final	
Presented by Valhalla Pure Outfitters Nanaimo			
Lane	Team	Place	Time
1	3rd Fastest Combined Time		
2	Fastest Combined Time		
3	2nd Fastest Combined Time		
Awards based on results in this race			

Race 30	14:50	Women Standard Silver Final	
Lane	Team	Place	Time
1	8th Fastest Combined Time		
2	6th Fastest Combined Time		
3	5th Fastest Combined Time		
4	7th Fastest Combined Time		
Awards based on results in this race			

Race 31	15:00	Women Standard Grand Final		
Presented by Chartwell Edgewater				
Lane	Team	Place	Time	
1	4th Fastest Combined Time			
2	2nd Fastest Combined Time			
3	Fastest Combined Time			
4	3rd Fastest Combined Time			
Awards based on results in this race				

Race 32	15:10	Women Small Bronze Final	
Lane	Team	Place	Time
1	9th Fastest Combined Time		
2	7th Fastest Combined Time		
3	8th Fastest Combined Time		
Awards based on results in this race			

Race 33	15:20	Mixed Standard Bronze Final	
Lane	Team	Place	Time
1			
2	7th Fastest Combined Time		
3	8th Fastest Combined Time		
Awards based on results in this race			

Race 34	15:30	Women Small Silver B	
Lane	Team	Place	Time
1	6th Fastest Combined Time		
2	4th Fastest Combined Time		
3	5th Fastest Combined Time		
Awards based on results in this race			

Race 35	15:40	Mixed Standard Silver B	
Lane	Team	Place	Time
1	6th Fastest Combined Time		
2	4th Fastest Combined Time		
3	5th Fastest Combined Time		
Awards based on results in this race			

Race 36	15:50	Women Small Grand Final	
	Presented by Valhalla Pure Outfitters Nanaimo		
Lane	Team	Place	Time
1	3rd Fastest Combined Time		
2	Fastest Combined Time		
3	2nd Fastest Combined Time		
Awards based on results in this race			

Race 37	16:00	Mixed Standard Grand Final	
	Presented by Chartwell Edgewater		
Lane	Team	Place	Time
	3rd Fastest Combined Time		
	Fastest Combined Time		
	2nd Fastest Combined Time		
Awards based on results in this race			